



Prevention for Positives



The Friends of AIDS Foundation

Together We Remain Strong!

An HIV positive individual is part of every new infection, therefore HIV is a preventable disease. We believe that empowering HIV positive individuals through education and support in a compassionate and non judgmental environment helps to prevent the spread of the HIV virus.

The Friends of AIDS Foundation offers that education and support to people living with HIV in the community through our **P4P** program. Our program is designed to help HIV positive individuals achieve and maintain physical, sexual and emotional health and prevent the spread of HIV. The **P4P** program also assists HIV positive individuals who do not know they are positive in learning their status.



“The **P4P** program has taught me about the importance of maintaining a healthy sense of responsibility to myself and the people that I care about.”

Bobby

Our **P4P (Prevention for Positives)** program is an ongoing series of workshops that allow individuals the opportunity to address their individual needs while covering a range of topics that explore:

- Staying Healthy
- Living with HIV
- Life Goals
- Responsibility
- Managing Stress
- Cultural Diversity
- Relationships & Dating
- Risk Behaviors
- Disclosure
- Self Esteem
- Alcohol / Drug Usage
- Stigma / Discrimination

For more information on the **P4P(Prevention for Positives) Program, please contact us at: 310.401.4755**

“Empowering individuals to create the social change necessary to eradicate the HIV epidemic.”